

# Hyperbaric oxygen induces endogenous neural stem cells to proliferate and differentiate in hypoxic-ischemic brain damage in neonatal rats.

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Yang Y-J, Wang X-L, Yu X-H, Wang X, Xie M, Liu C-T. Hyperbaric oxygen induces endogenous neural stem cells to proliferate and differentiate in hypoxic-ischemic brain damage in neonatal rats. *Undersea Hyperb Med* 2008; 35(2):113-129. Background and purpose - Studies suggest that after brain injury, hyperbaric oxygen (HBO<sub>2</sub>) is neuroprotective by stimulating cell proliferation. We examine whether HBO<sub>2</sub> promotes neural stem cells (NSC) to proliferate and differentiate in neonatal hypoxic-ischemic (HI) rats. Methods - Seven-day-old rat pups were subjected to unilateral carotid artery ligation followed by 2 hours of hypoxia (8% O<sub>2</sub>). HBO<sub>2</sub> was administered (2 ATA (atmospheres absolutes), once daily for 7 days) within 3 hours after HI. The proliferating neural stem cells in the subventricular zone (SVZ) and dentate gyrus (DG) were dynamically examined by 5-bromo-2-deoxyuridine (BrdU)/nestin immunofluorescence. Nestin protein was detected by western blot analysis at various time points (from 6 hours to 14 days) after HI. The migrating NSC were examined by BrdU/doublecortin (DCX) immunofluorescence 7 and 14 days after HI. The phenotype of the newborn cells was identified by BrdU/ $\beta$ -tubulin, BrdU/ glial fibrillary acidic protein (GFAP) and BrdU/O<sub>4</sub> (oligodendrocyte marker) immunofluorescence. Myelin basic protein (MBP) was examined by immunohistochemistry and pathological changes of the brain tissue were detected 28 days after HI. Results - In neonatal HI rats treated with HBO<sub>2</sub>, the proliferation of endogenous NSC was observed in the SVZ and DG. Cell numbers peaked 7 days after HI and proliferating NSC migrated to the cerebral cortex at 14 d after HI. Twenty-eight days after HI, an increase in newly generated neurons, oligodendrocytes and MBP was observed in the HBO<sub>2</sub> group compared to the untreated and HI-treated rats. Conclusions - This study suggests that HBO<sub>2</sub> treatment may promote neurogenesis of the endogenous NSC in neonatal HI rats, contributing to repair of the injured brain.

## INTRODUCTION

Hypoxic-ischemic cephalopathy (HIE) is a common but severe complication of asphyxia that occurs during the perinatal period with a high rate of morbidity and mortality (1, 2). HIE is also the major recognized perinatal cause of neurological morbidity in full-term newborns (3) and can result in mental impairment, seizures and permanent motor deficits, such as cerebral palsy (4). At present,

there are no effective means of repairing the hypoxic-ischemic brain damage (HIBD) once damage has occurred. Therefore, it is necessary that a suitable therapy for HIBD be developed.

Increasing knowledge of the renewal of cells within the central nervous system (CNS) has shed new light on severe HIBD. Furthermore, the discovery of neural stem cells (NSC) in mammals and the potential of these cells to regenerate lost areas of the CNS have allowed the development of new approaches to HIBD therapy. It has been reported that

endogenous NSC generally remain dormant. However, NSC may be activated in response to some diseases, for example cerebral ischemia, or by certain stimuli such as cell factors and growth factors (5). It has also been shown that proliferating NSC stimulated by brain damage are able to migrate to the affected areas and repair the brain damage (6). Since, such an approach would avoid the complex ethical and biological issues involved with embryonic stem cells or immortalized cell lines, the potential to recruit endogenous NSC to affected areas should be exploited in the development of new therapies. However, the capacity for recruiting endogenous NSC is limited (7,8). Thus, other strategies used to modify endogenous neurogenesis after ischemic brain injury have been described (9). Hyperbaric oxygen (HBO<sub>2</sub>) therapy has been used in neonatal disease for many years (10). Due to concerns regarding the toxicity of oxygen, such as retinopathy of prematurity (11,12) and misunderstanding of HBO<sub>2</sub> therapy, the safety and validity of HBO<sub>2</sub> therapy has become questionable. However, HBO<sub>2</sub> therapy is quite different from oxygen treatment and no side effects have been found in HIBD neonatal rats after HBO<sub>2</sub> therapy to date (13-15). Furthermore, HBO<sub>2</sub> therapy was neuroprotective in hypoxic ischemic rat models (14-16). Thus, interest in HBO<sub>2</sub> therapy for hypoxic ischemic brain damage (HIBD) has increased.

In the past, mechanistic studies have focused mainly on reducing neuronal apoptosis and protecting the neurons, by for example stimulating the expression of endogenous basic fibroblast growth factor (bFGF) and alleviating the downstream activation of neurotrophin-3 (NT-3) in neonatal rats after hypoxia-ischemia (HI) (17-19). A recent study has shown that HBO<sub>2</sub> is neuroprotective by promoting cell proliferation in the brain (20). We have also found that HBO<sub>2</sub> therapy can protect the NSC and stimulate cell proliferation in the hippocampal

dentate gyrus (DG) areas and subventricular zone (SVZ). These observations have prompted us to ask the following questions: i) are the cells that are stimulated to proliferate by HBO<sub>2</sub> NSC? Since the proliferating cells include astrocytes and NSC in the brain, BrdU/nestin immunofluorescence were used to double-label the proliferating NSC; ii) are the proliferating NSC stimulated by HBO<sub>2</sub> capable of migrating to the affected areas and differentiating into mature neurons? iii) is the neuroprotective effect induced by HBO<sub>2</sub> therapy associated with the proliferation of NSC? If this is the case, perhaps activation of endogenous NSC (that reside in the brain throughout life) could be induced by the application of HBO<sub>2</sub> in HIBD rats. Thus, in this study, we examined the proliferation of endogenous NSC, migration of neural progenitors and their long-term differentiation into neurons in neonatal HI rats.

## **MATERIALS AND METHODS**

### **Animals**

One hundred and eighty 7-day-old Sprague-Dawley rats of both genders (purchased from the Animal Department, Xiang Ya School of Medicine, Central South University, China), weighing 12.8-15.6 g, were randomly divided into 3 groups: 1) a normal control group (CON), 2) a HIBD group, and 3) a HBO<sub>2</sub> group in which HI rats were treated with HBO<sub>2</sub> (n=60 rats in each group). Each group was divided into 6 subgroups according to the time after HI as follows: HI-6 h, HI-24 h, HI-3 d, HI-7 d, HI-14 d and HI-28 d (n=10 rats in each group).

### **Animal model of HIBD**

The protocol was evaluated and approved by the Animal Department of the Xiang Ya School of Medicine (Central South University, China). Seven-day-old Sprague-Dawley rats

were subjected to the Rice-Vannucci procedure (21), as described previously. Briefly, rats were anesthetized with ether, and the left carotid artery was sectioned permanently between double ligatures with 7-0 sterile surgical silk. The rats were allowed to recover for 1 ~ 2 hours, and then exposed to 2 hours of hypoxia in a plastic container that was perfused with a mixture of humidified 8% oxygen balanced with nitrogen. The temperature inside the container was maintained at 33°C, the temperature at which rat pups huddle with their mother. The pups were then returned to their mothers.

### **Hyperbaric oxygen exposure**

The HBO<sub>2</sub> groups were administered HBO<sub>2</sub> treatment within 3 hours after HIBD. The HBO<sub>2</sub> treatment was administered for 60 minutes in a baby HBO<sub>2</sub> chamber (YLC0.5/1A, Wuhan, China) pressured with 100% oxygen to 2.0 atmospheres absolute (ATA). The oxygen concentration inside the cabinet was measured at the air vent by a mobile digital oxygen monitor (CY-12C, Hangzhou, China). A constant oxygen flow was given to maintain the oxygen concentration in the chamber at 85% or greater. Hyperbaric oxygen exposure was given once daily for 7 consecutive days. Carbon dioxide can be absorbed by natrica calx in the cabinet.

### **5-Bromo-2'-deoxyuridine labeling**

Twenty-four hours after HIBD, animals were administered with 5-bromo-2'-deoxyuridine (BrdU; Sigma, St. Louis, MO, USA) intraperitoneally twice daily for 6 days (50 mg/kg, dissolved in saline).

### **Tissue preparation for microscopy**

Animals were deeply anesthetized with chloral hydrate (450 mg/kg, intraperitoneally) at 6 sequential time intervals after HI (6 h, 24 h, 3 d, 7 d, 14 d, 28 d after HI; n = 10/sub-group) and underwent a transcatheter perfusion

with 50-100 ml 0.9% saline, followed by 50-100 ml cold 4% paraformaldehyde in 0.1 M PBS (pH 7.4). The bregma was labeled with methylene blue and the brain was removed and post-fixed in paraformaldehyde for 24 hours. Tissue taken from 1.0 to -0.8 mm and -3.0~-4.5 anterior to the bregma, was processed, embedded in paraffin wax, and cut into 5 µm sections coronally (SM2000R, Leica, Nussloch, Germany) on polylysine-coated slides.

### **Hematoxylin-Eosine (HE) staining and Nissl staining**

After de-waxing, the slides were stained with Hematoxylin-Eosine (HE) or Nissl-stained with toluidine blue for neuronal cell bodies. The brain sections were then mounted, air-dried, dehydrated, and coverslips were applied. Then the number of neurons in the cortex and hippocampal CA1 region was quantified according to the Nissl staining results. Cell morphology was examined by HE staining and Nissl staining.

### **Immunohistochemistry**

Sections were de-waxed and the antigen was restored by microwaving. Sections were then blocked in 5 % bovine serum albumin (BSA, Sigma, USA) for 1 hour at 37°C. Sections were subsequently incubated with the primary antibodies at 4°C overnight. The specific primary antibodies used to identify the proliferating NSC were mouse anti-Nestin (1:200, Chemicon, Temecula, CA, USA) and rat anti-BrdU (1:200, Accurate Chemicals, Westbury, NY, USA). Rabbit anti-DCX (1:100, Cell Technology Signaling, Boston, USA), rabbit anti-β-tubulin (1:50, Cell Signaling Technology, Boston, USA), rabbit anti-Glial fibrillary acidic protein (GFAP) (1:100, Beijing Zhongshan Golden Bridge Biotechnology Co., Beijing, China), mouse anti-O4 (oligodendrocyte marker) (1:100, Chemicon) and rat anti-BrdU were used to identify the

newly generated cells. For BrdU processing, sections were incubated in 2 M HCl for 30 minutes at 37°C followed by 0.04% pepsin for 6 minutes at room temperature. Sections were incubated for 1 hour at 37°C in the dark with the following secondary antibodies: FITC-conjugated goat anti-mouse (1:100, Beijing Zhongshan Golden Bridge Biotechnology Co.) for Nestin or O4; FITC-conjugated goat anti-rabbit (1:100, Beijing Zhongshan Golden Bridge Biotechnology Co.) for GFAP,  $\beta$ -tubulin or DCX; and TRITC-conjugated goat anti-rat (1:100, Beijing Zhongshan Golden Bridge Biotechnology Co.) for BrdU. Sections were rinsed, and coverslips were placed. Immunoreactivity was observed using laser scanning confocal microscopy (LSM Invert 510; Zeiss, Jena, Germany).

For myelin basic protein (MBP) immunohistochemistry, rabbit anti-MBP was used. After blocking (0.3% H<sub>2</sub>O<sub>2</sub> in PBS for 10 minutes at 4°C), specimens were incubated with rabbit anti-MBP primary antibody (1:100, Beijing Zhongshan Golden Bridge Biotechnology Co.) at 4°C overnight. After rinsing, sections were incubated with the biotin-conjugated anti-rabbit secondary antibody for 30 minutes at 37°C. Sections were treated with 3,3'-diaminobenzidine (DAB), rinsed, and coverslips were applied. MBP-positive cells were identified by light microscopy as brown-colored cells.

### **Western blot analysis**

Animals were deeply anesthetized with chloral hydrate (450 mg/kg, intraperitoneally) at 5 sequential time intervals after HI (6 h, 24 h, 3 d, 7 d, 14 d after HI) and fresh tissue samples (approximately 100 mg) from the lesioned brain (bregma between 1.0 and – 4.5 mm) were obtained and placed on ice. Samples were then ground into fine powder and homogenized in a tissue-lysis buffer (0.1 mol/L NaCl, 0.01 mol/L Tris-HCl, 0.001 mol/L

EDTA and 1  $\mu$ g/ml aprotinin). Sodium dodecyl sulfate-polyacrylamide gel (SDS-PAGE, 5%) was performed under non-reducing conditions. Lysates from the brain tissue samples of every group were run on each gel, together with pre-stained low-molecular-weight markers (BioRad, Richmond, CA, USA). The proteins on the gel were subsequently transferred to the Immobilon PVDF transfer membrane (Bio lab, USA) in buffer containing 20% methanol, 39 mmol/L glycine, 48 mmol/L Tris base, and 0.4% SDS (pH 8.3). The membrane was blocked in 5% powdered milk in 0.01 M PBS for 1 hour. The membrane was then incubated for 2 hours with a mouse monoclonal antibody to Nestin (1:1000; Chemicon) at 4°C overnight. The membrane was washed with 0.1% TBS-Tween and then incubated with horseradish peroxidase-conjugated anti-mouse IgG secondary antibody (1:10000, BioRad, USA) for 1 hour. After thorough washing, the positive band was revealed by ECL Western blotting detection reagents (KPL, Maryland, USA) and autoradiography film. Glyceraldehyde 3 phosphate dehydrogenase (GAPDH, Kangchen Biology, Shanghai, China), an enzyme involved in glycolysis, was employed as a reference protein for the densitometric analyses.

### **Cell counting and semiquantitative protein estimation on blots**

Quantification of BrdU<sup>+</sup>nestin<sup>+</sup> (6 hours, 24 hours, 3 days, 7 days, 14 days after HI), BrdU<sup>+</sup>DCX<sup>+</sup> (7 days, 14 days after HI), BrdU<sup>+</sup>  $\beta$ -tubulin<sup>+</sup> (28 days after HI) in cells from the SVZ and DG of the hippocampus and cerebral cortex at different time points were carried out using laser scanning microscope (LSM 510, Zeiss) by an investigator blind to the experimental groups. The relative amounts of Nestin protein were estimated directly from X-ray film by imaging densitometry (TANON 2020, Shanghai, China). In each case, results were obtained by calculating a ratio of nestin

protein to GAPDH protein levels and reported as relative optical density.

#### **Statistical analysis**

Data were expressed as mean  $\pm$  standard deviation (SD). The differences between groups were examined for statistical significance using one-way ANOVA. MBP scores were analyzed using the Mann-Whitney U test. *P* value less than 0.05 was considered to be statistically significant.

### **RESULTS**

*Editorial note: due to the number and nature of the 11 graphics cited in the following pages, they have been placed, together, after the Acknowledgment section of this paper.*

#### **The proliferation of endogenous NSC in SVZ at different time points after HIBD**

Cells positive for BrdU and nestin (BrdU<sup>+</sup> nestin<sup>+</sup>) were considered to be proliferating NSC. As shown in Fig 1, BrdU<sup>+</sup>nestin<sup>+</sup> cells were observed in the dorsal angulus lateralis of the SVZ in each group with proliferating cells migrating outwards. HBO<sub>2</sub> treatment significantly increased the number of BrdU<sup>+</sup>nestin<sup>+</sup> cells in SVZ 6 hours after HI (*P*<0.05). Thereafter, the BrdU<sup>+</sup>nestin<sup>+</sup> cells increased more gradually at 3 days (*P*<0.01) and peaked 7 days after HI (*P*<0.05). The number of BrdU<sup>+</sup>nestin<sup>+</sup> cells decreased gradually 14 days after HI. Even so, more cells were observed in the HBO<sub>2</sub> group than in the CON and HIBD group (*P*<0.05, Fig. 1; Fig. 2).

In the blank controls (i.e. without injection of BrdU), no positive cells were observed in the SVZ.

#### **The proliferation of endogenous NSC in DG at different time points after HIBD**

Nestin protein is the most commonly used marker of NSC (22). This BrdU/nestin double

staining was used to identify the proliferating NSC. As shown in Fig. 3, BrdU<sup>+</sup>nestin<sup>+</sup> cells were observed in the hippocampal DG areas, predominantly distributed at the polymorphous cell layer and pyramidal layer. There was no significant difference between each group 6 hours after HI. HBO<sub>2</sub> treatment significantly increased the number of BrdU<sup>+</sup>nestin<sup>+</sup> cells 24 hours after HI compared to the CON group (*P*<0.05). This increase occurred later than that observed in the SVZ. In the HBO<sub>2</sub> group, the number of BrdU<sup>+</sup>nestin<sup>+</sup> cells peaked 7 days after HI (*P*<0.01) with BrdU<sup>+</sup>nestin<sup>+</sup> cells number beginning to decrease 14 days after HI (*P*<0.05). However, at 14 days, a higher number of BrdU<sup>+</sup>nestin<sup>+</sup> cells was still observed in the HBO<sub>2</sub> group compared to the CON and HIBD groups (*P*<0.05, Fig. 3, Fig. 4). In the blank controls (i.e. without injection of BrdU), no positive cells were observed in the DG.

#### **Western blot analysis of Nestin protein at different time points after HI**

The total protein in the lesioned cerebral hemisphere was examined by western blot analysis. Fig. 5 shows the effects of HBO<sub>2</sub> therapy on nestin protein levels at different time points after HIBD. An increase in nestin protein occurred in the HBO<sub>2</sub> group 24 hours after HI. Nestin levels peaked 7 days after HI. The nestin protein in the HBO<sub>2</sub> group was higher than that in the CON and the HIBD groups 3 days and 7 days after HI (*P*<0.05, Fig. 5).

#### **Migration of NSC after HBO<sub>2</sub> treatment**

DCX and BrdU were used in this study to identify newly generated neurons. Cells positive for BrdU and DCX (BrdU<sup>+</sup>DCX<sup>+</sup>) were observed in the SVZ in each group 7 days after HIBD, predominantly localized to the dorsal angulus lateralis (Figs.6-1; 6-2; 6-3). The BrdU<sup>+</sup>DCX<sup>+</sup> cells were close-up in

the SVZ and a significantly higher number of BrdU<sup>+</sup>DCX<sup>+</sup> cells were observed in the HBO<sub>2</sub> group compared with the CON and HIBD groups ( $P < 0.05$ ) (Fig. 6-4). The BrdU<sup>+</sup>DCX<sup>+</sup> cells migrated along the gastral corpus callosum in a chain-like formation. Fewer BrdU<sup>+</sup>DCX<sup>+</sup> cells were observed in other encephalic regions. The BrdU<sup>+</sup>DCX<sup>+</sup> cells in the SVZ began to decrease 14 days after HIBD in the HBO<sub>2</sub> group (Fig. 6-4). Simultaneously, more BrdU<sup>+</sup>DCX<sup>+</sup> cells were observed in the cerebral cortex of the affected brain (Fig. 6-5). More BrdU<sup>+</sup>DCX<sup>+</sup> cells were observed in the HBO<sub>2</sub> group with a higher percentage of neurons ( $71.4\% \pm 12.7\%$ ) compared with the CON and HIBD groups ( $P < 0.01$ , Fig. 6-5). The number of BrdU<sup>+</sup>DCX<sup>+</sup> cells in the cerebral cortex began to decrease 28 days after HIBD.

#### **Differentiation of NSC into mature neurons, astrocytes and oligodendrocytes after HBO<sub>2</sub> treatment**

The differentiation of NSC was monitored using  $\beta$ -tubulin, GFAP and O4 as markers for mature neurons, astrocytes and oligodendrocytes, respectively. As shown in Fig. 7, more BrdU<sup>+</sup> $\beta$ -tubulin<sup>+</sup> cells were observed in the affected cerebral cortex 28 days after HI in the HBO<sub>2</sub> group than in the CON group. The percentage of mature neurons ( $74.5 \pm 6.5\%$ ) was higher in the HBO<sub>2</sub> group compared with the CON and HIBD groups ( $P < 0.05$ , Fig. 7). In comparison with the CON and HIBD groups, fewer astrocytes (i.e. BrdU<sup>+</sup>GFAP<sup>+</sup> ( $16.8 \pm 5.8\%$ )) and more oligodendrocytes (i.e. BrdU<sup>+</sup>O4<sup>+</sup> ( $8.7 \pm 3.5\%$ )) were observed in the cerebral cortex of the HBO<sub>2</sub> group ( $P < 0.05$ , Fig. 7; Fig. 8).

#### **HIBD reduced the MBP staining, while HBO<sub>2</sub> increased the MBP staining**

Myelin Basic Protein (MBP) is a

major constituent of the myelin sheath (23). MBP positive staining was clearly observed in the normal control rat brain, at the corpus callosum and striatum corpora of P35 rats. A grade system was used to score the intensity of MBP positive staining. The score was defined as follows: mild, 1; moderate, 2; strong, 3; and no immunoreactivity, 0. Digital microscopic images were taken at the corpus callosum and striatum corpora for each brain section. The average of the three scores was used to represent the grade of MBP staining for each brain. The MBP staining grade in the CON, HIBD and HBO<sub>2</sub> group rat brains was  $2.0 \pm 0.4$ ,  $0.8 \pm 0.2$ , and  $1.7 \pm 0.3$ , respectively. Thus, HIBD significantly suppressed expression of MBP (Fig. 9.), whereas expression of MBP in the HBO<sub>2</sub> group rat brain was less affected. The MBP staining score in the HBO<sub>2</sub> group rat brain was significantly higher than that observed in the HIBD rat brain ( $P < 0.05$ ).

#### **The enhanced recovery of neurons after HBO<sub>2</sub> treatment**

HIBD in newborn rats results in diffuse damage. The long-term changes in CON, HIBD and HBO<sub>2</sub> rats were observed 28 days after HIBD (Fig. 10). HE staining in the CON group revealed that the neurons were organized correctly in the cortex (Fig. 10). After HIBD, the cells in the cortex were disorganized. In particular, the cells had shrunk, the number of gliocytes had increased and a severe loss in the number of neurons was observed. However, after HBO<sub>2</sub> treatment, the pyramidal cells were organized, the nucleoli were clear, and fewer neurons were lost.

We also used Nissl staining with Toluidine blue to examine the tigroid body staining in neurons. Using light microscopy, the tigroid body stains dark blue and the cell nucleus stains blue. In the CON group, the neurons had normal morphology. More tigroid bodies were observed in the CON group than

in the HIBD and HBO<sub>2</sub> groups. However, more neurons and tigroid bodies were observed in the HBO<sub>2</sub> group than in the HIBD group ( $P<0.01$ ). In the HBO<sub>2</sub> group, the nuclei and nucleoli were clearly observed (Fig.10-2; Fig. 10-3; Fig.11).

## DISCUSSION

Apoptosis or necrosis occurring in the neurons in the brain after perinatal HI insults might contribute to the delayed brain atrophy. Since, the hippocampus and the cortex are susceptible to HI injury (13), we analyzed these regions of the brain. The pathomorphology data obtained from this study shows dramatic neuronal loss in the cerebral cortex and hippocampal CA1 in HIBD rats compared with the CON group, indicating that it is impossible for the brain to repair the damage itself. We hypothesized that if the renewal capability of the endogenous NSC could be increased then the brain may be able to repair some of the damage. Here, we examine whether HBO<sub>2</sub> treatment promotes NSC proliferation and differentiation in neonatal HI rats. We show that after HBO<sub>2</sub> treatment, the number of neurons in the cerebral cortex and CA1 regions increased compared with the HIBD group, indicating that HBO<sub>2</sub> therapy contributes to self-recovery and protection of the affected brain. HBO<sub>2</sub> treated animals were also observed functional improvement. High oxygen may cause bronchopulmonary dysplasia (BPD) or retinopathy of prematurity (ROP) in neonatal animals, but HBO<sub>2</sub> therapy at the pressure under 3 ATA will not cause BPD or ROP (24). Therefore, our experiment was designed to apply the HBO<sub>2</sub> therapy once daily for consecutive 7 times at the pressure of 2.0 ATA according to our clinical experience.

Proliferating cells were labeled with BrdU. Thus, we assumed that BrdU<sup>+</sup> cells were proliferating cells [24]. In the developing brain,

proliferating cells include NSC and astrocytes, so an increase in BrdU<sup>+</sup> cells does not reflect proliferation of NSC alone. Nestin, an intermediate filament protein, expressed in NSC as well as in lineage-constricted progenitors, immature neurons and some gliocytes, is widely used to identify, isolate or purify NSC. Thus, in this study, we used BrdU and Nestin double staining to distinguish between proliferating NSC and astrocytes.

In the mammalian brain, neurogenesis persists mainly in two germinal areas, the SVZ along the lateral wall of the lateral ventricles and the hippocampal DG (25). Newly generated neural precursors are recruited from the SVZ to nearby infarcted areas (26,27). Some precursors express region-appropriate phenotypes, where continuous postnatal neuronal production seems to be supported by NSC. We show that HBO<sub>2</sub> therapy significantly increased the number of BrdU<sup>+</sup>nestin<sup>+</sup> cells compared to that observed in the CON group, suggesting that HBO<sub>2</sub> therapy can promote the proliferation of endogenous NSC. Our study also showed that 7 days after HBO<sub>2</sub> therapy, the number of BrdU<sup>+</sup>nestin<sup>+</sup> cells peaked. On-going studies in our laboratory are examining whether repeated treatments of HBO<sub>2</sub>, administered after neonatal HIBD, contribute to enhancing this endogenous regenerative capacity. Western blot analysis revealed similar results: in the HBO<sub>2</sub> group, nestin protein levels began to increase 6 hours after HIBD, with levels peaking 7 days after HI. These observations indicate that HBO<sub>2</sub> treatment is neuroprotective to NSC and that this function is associated with the proliferation of NSC. Our study also found that more BrdU<sup>+</sup>nestin<sup>+</sup> cells were observed in the SVZ. It has been argued that proliferating NSC originate mainly from the SVZ, and that the NSC observed in the DG have migrated from the SVZ (28).

Although HBO<sub>2</sub> treatment can promote the proliferation of NSC, it is essential to know

whether these NSC survive, differentiate into neurons and repair the injured brain. It has been shown that less migratory cells survive after brain damage (29). However, most cells die before differentiation, by a process that is known as selectivity survival and may be controlled by cytokines or signal transduction pathways in the niches (30,31), such as the Wnt/ $\beta$ -catenin pathway (32). Thus, in this study we examined whether HBO<sub>2</sub> improves the niches and promotes migration and differentiation of the NSC. We observed the dynamic migration and differentiation of NSC in the lesioned brain. One week after HI, more BrdU<sup>+</sup>DCX<sup>+</sup> cells (newly generated immature neurons and migrating progenitors) were observed in the SVZ of the HBO<sub>2</sub> group than in the CON and HIBD groups, indicating that HBO<sub>2</sub> was capable of promoting the differentiation of NSC. The BrdU<sup>+</sup>DCX<sup>+</sup> cells began to decrease 14 days after HI. BrdU<sup>+</sup>DCX<sup>+</sup> cells were observed in the injured cerebral cortex with a higher neuronal percentage (71.4±12.7%), implying that HBO<sub>2</sub> treatment was conducive to the migration and differentiation of NSC into predominantly neurons.  $\beta$ -tubulin, GFAP and O4 were the mature marker of neurons, astrocytes (33) and oligodendrocytes (34) respectively. Twenty-eight days after HI, a decrease in BrdU<sup>+</sup>DCX<sup>+</sup> cells with an increase in BrdU<sup>+</sup> $\beta$ -tubulin<sup>+</sup> and BrdU<sup>+</sup>O<sub>4</sub><sup>+</sup> cells was observed. Fewer BrdU<sup>+</sup>GFAP<sup>+</sup> cells were observed in the injured brain, indicating that the newborn progenitors survived, and differentiated into mature neurons and oligodendrocytes. Whether these new cells are capable of replacing the injured brain tissue and forming a functional neural network still needs further examination. MBP, derived from oligodendrocytes, accounts for 40% of the whole myelin sheath protein and is the protein in the neuropile of the CNS. Unlike adult rats, newborn rats are more susceptible to white matter damage with a decrease in MBP occurring (35). In our study, more newly

generated oligodendrocytes were observed in the HBO<sub>2</sub> group with less MBP lost, indicating that HBO<sub>2</sub> therapy promotes the NSC to differentiate into oligodendrocytes and recover the white matter damage.

In conclusion, our results indicate that HBO<sub>2</sub> treatment could promote the proliferation of endogenous NSC. We show that proliferating cells are capable of migrating to the injured brain and differentiating into mature neurons and oligodendrocytes in the neonatal HI brain, thereby repairing the brain damage. Whether the newborn neurons were capable of completely replacing the injured neurons, developing synaptic linkage and forming neural networks is currently being investigated in our laboratory.

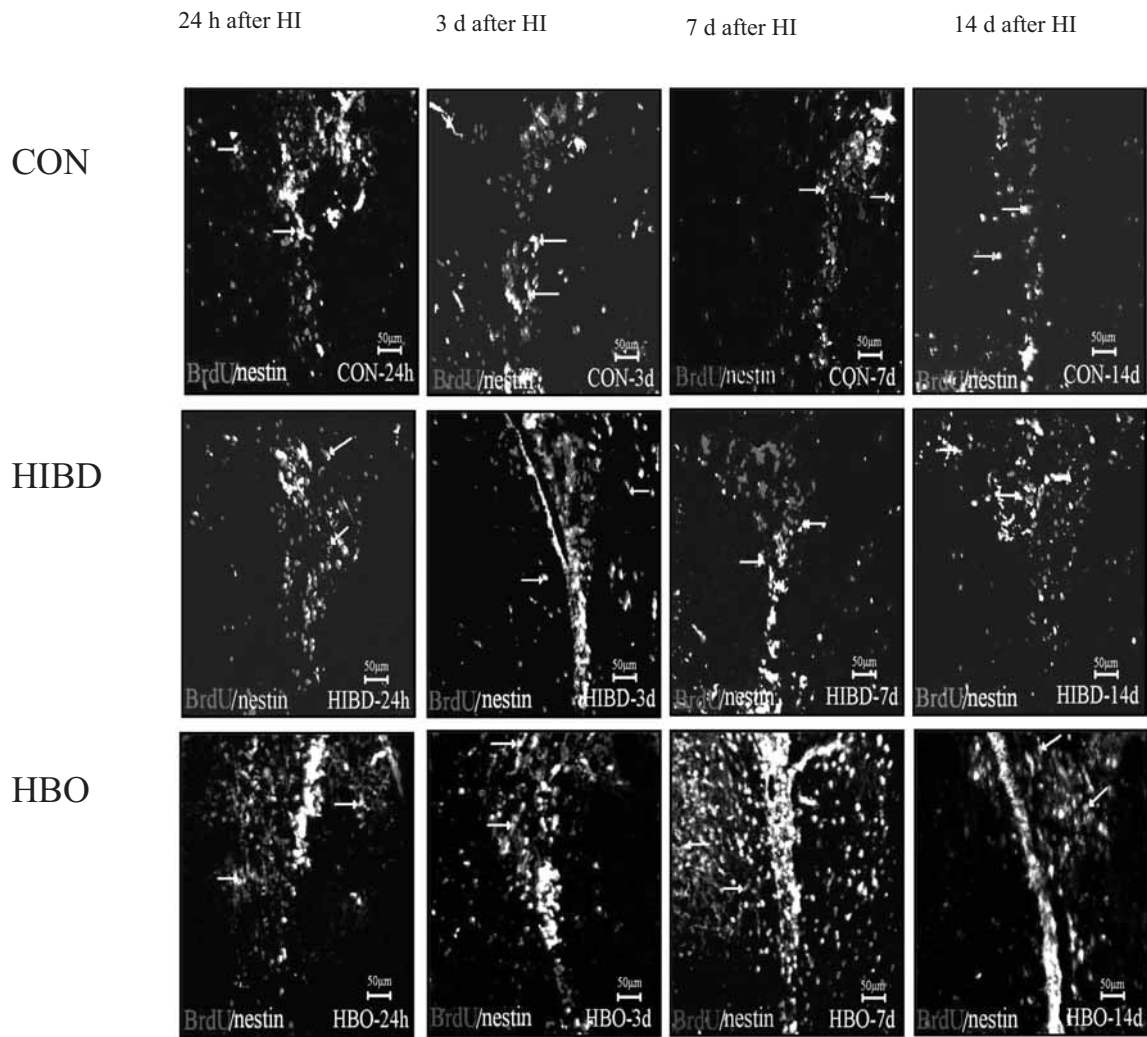
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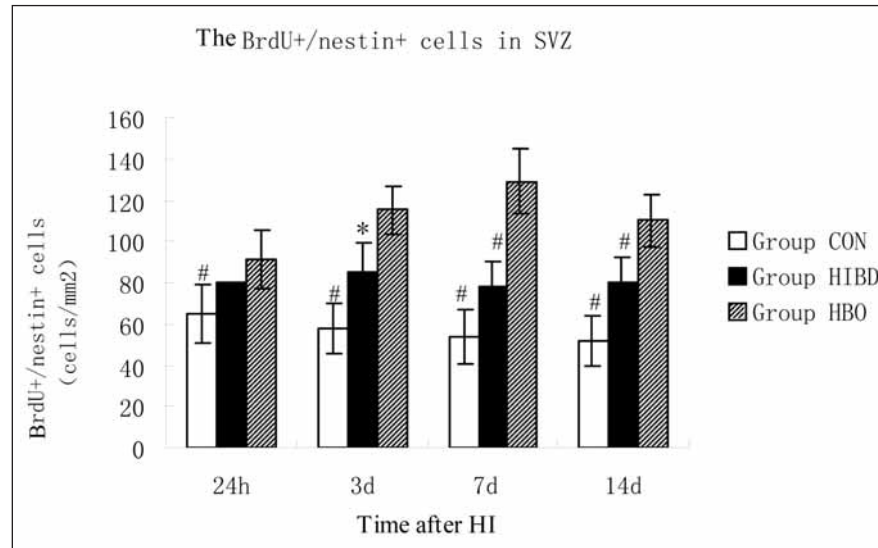
We would like to thank Professor Feng-Jie Li and Dr. Yan-Song Zhao for their excellent technical assistance.



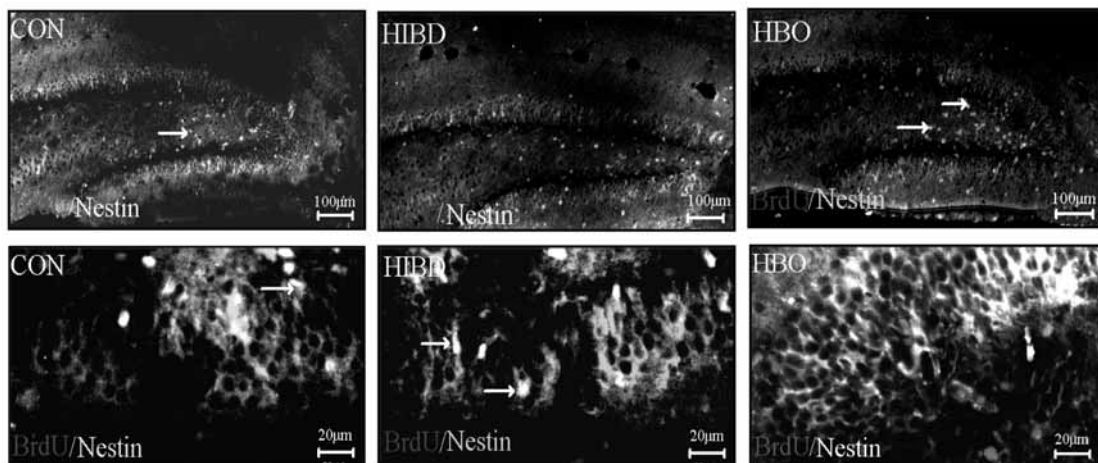
## Figures 1 - 11



**Fig.1.** Effects of HBO therapy on endogenous NSC in the SVZ different time after HI. The proliferating NSC in the SVZ were examined at 24 h, 3 d, 7 d and 14 d after HI and the immunofluorescence staining was analyzed by confocal laser scanning microscope (LSM 510, Zeiss, Germany). The proliferating endogenous NSC were double labeled by BrdU/nestin, (the BrdU<sup>+</sup> cells were stained in the nuclear and the nestin<sup>+</sup> cells were stained in the cytoplasm, arrow). The top row is the CON group, the BrdU<sup>+</sup> nestin<sup>+</sup> cells decreased gradually after birth. The middle row is the HIBD group. The bottom row is the HBO group. In this Group, BrdU<sup>+</sup> nestin<sup>+</sup> cells remained a kind of proliferating status after HBO treatment till they reached the highest level 7 d after HI. The scale bar was labeled in each figure. Abbreviations: BrdU, 5-bromo-2-deoxyuridine; NSC, neural stem cells; SVZ, subventricular zone; hypoxia ischemia, HI; HBO, hyperbaric oxygen; CON, the control group; HIBD, the hypoxic ischemic brain damage.

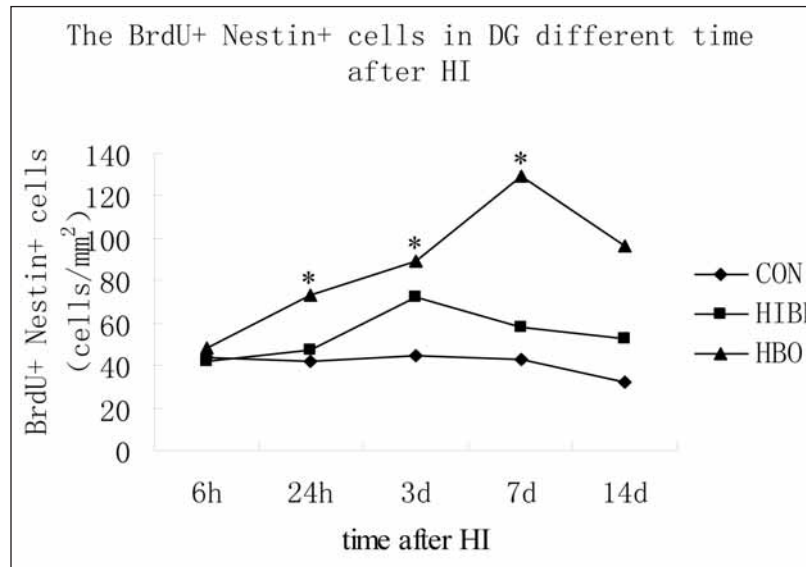


**Fig.2** The bar chart of proliferation of NSC in the SVZ different time after HI Quantitative data of BrdU+ nestin+ cells in the SVZ different time after HI are shown in the bar chart. Note a remarkable increase in BrdU+ nestin+ cells especially at 7 d and 14 d after HI as compared with the HIBD group. Error bars show standard deviation, \* indicates  $P < 0.05$  vs. the HBO group; # indicates  $P < 0.01$  vs. the HBO group.

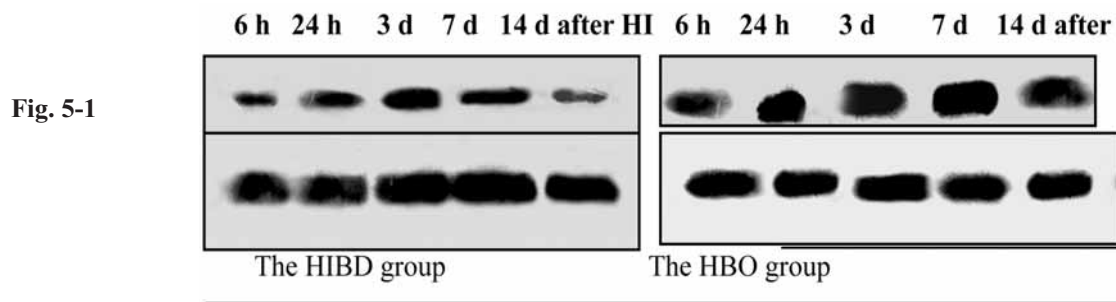


**Fig. 3.** Effects of HBO therapy on endogenous NSC in DG different time after HI. The proliferation of endogenous NSC in hippocampal DG 7 days after HI The proliferating NSC were double-labeled by BrdU/nestin (the BrdU+ cells were stained in the nuclear and the nestin+ cells were stained in the cytoplasm, arrow). The first row and second row are low and high magnification of BrdU+ nestin+ cells in DG respectively. The scale bar was labeled in each figure.

Abbreviations: BrdU, 5-bromo-2-deoxyuridine; NSC, neural stem cells; DG, dentate gyrus.

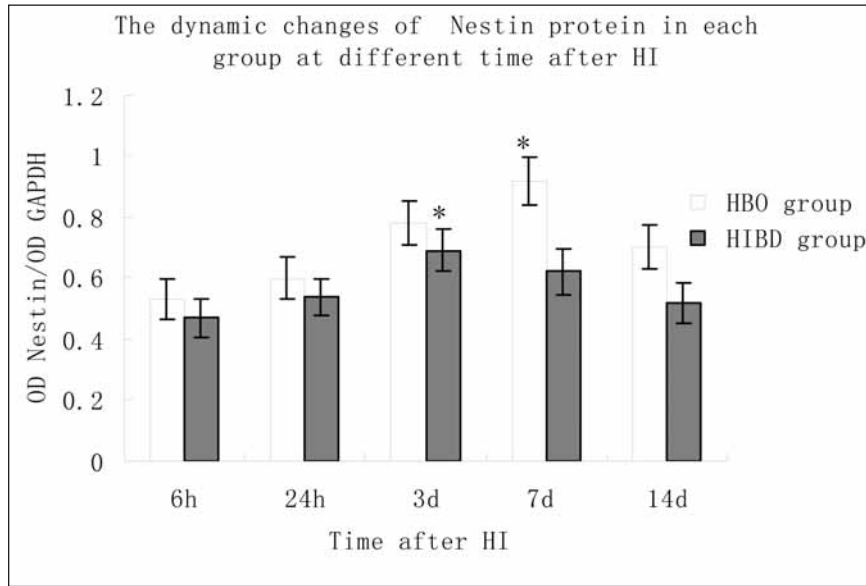


**Fig.4.** The dynamic changes of proliferating NSC different time after HI in DG The curve chart showed the changing tendency of proliferating NSC in every group and noted the significant difference. The proliferating NSC reached the highest level 7 d after HIBD. \* indicates P<0.05 vs. the former time point.



**Fig. 5-1**

**Fig. 5-1.** Effects of HBO therapy on Nestin protein different time after HI. Western blots analysis of nestin protein. Western blots were performed on the left cortex of rats from Group CON, Group HIBD and Group HBO at 6 h, 24h, 3d, 7d, 14d after HI (n=10 per time point). The inset depicts representative western blots for nestin of each group at different time after HI. In each case, a representative band (170kD) is shown as well as a corresponding GAPDH (36kD). The band of nestin at 6 h, 24h, 3d, 7d, 14d after HI in both the HIBD group and the HBO group.



**Fig. 5-2.** Quantification of nestin protein in the left brain different time after HI The expression levels of the nestin protein was normalized to GAPDH protein by densitometric evaluation and presented as OD ratio. Error bars show standard deviation; \* indicates  $P < 0.05$  significant higher as compared with all other subgroup in HIBD group or in the HBO group.

Fig. 6-1

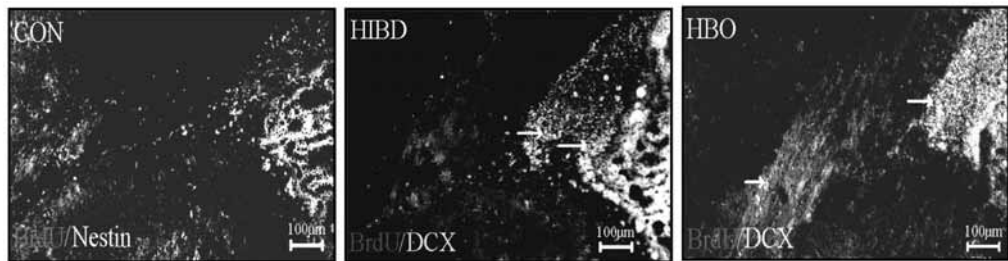


Fig. 6-2

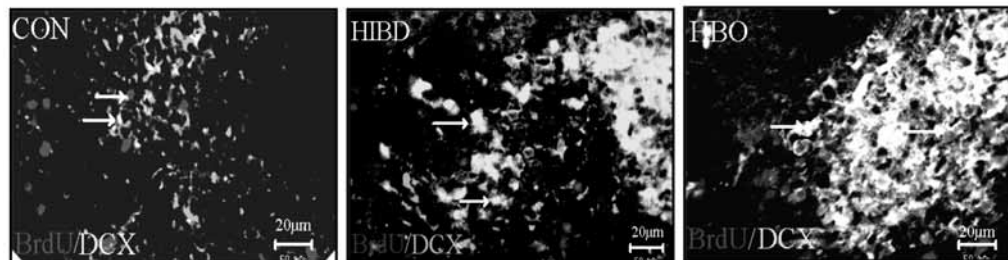


Fig. 6-3

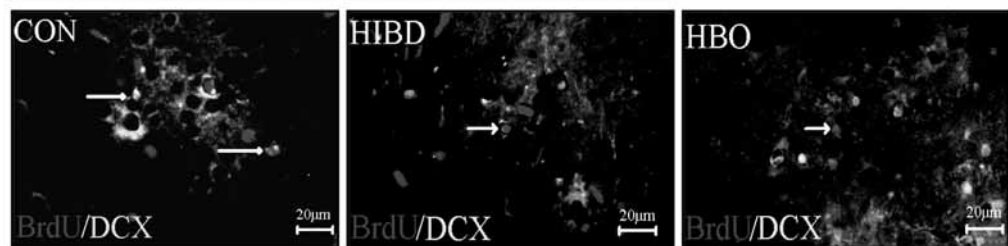


Fig. 6-4

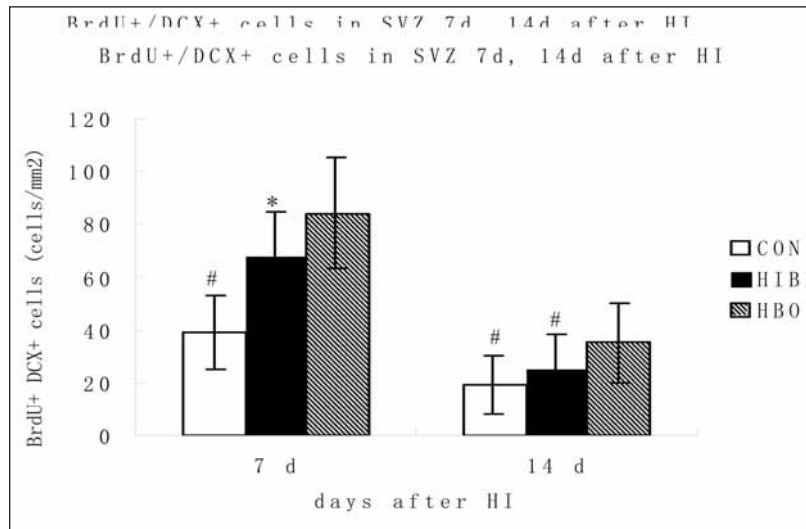
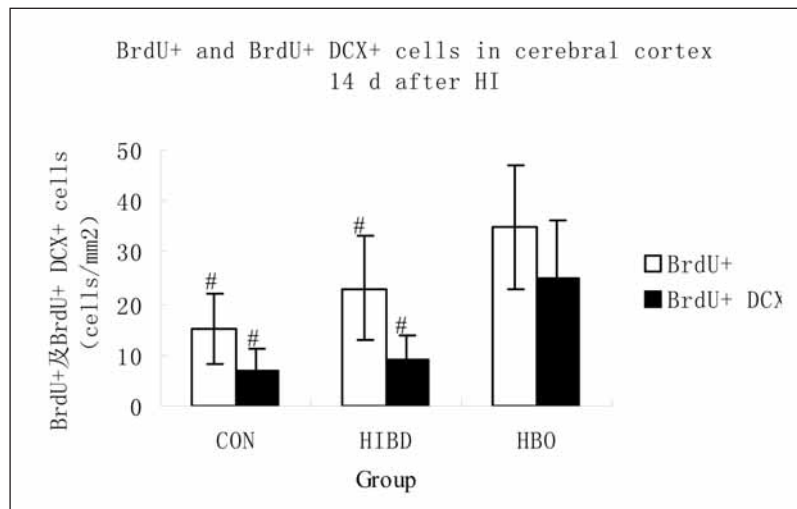
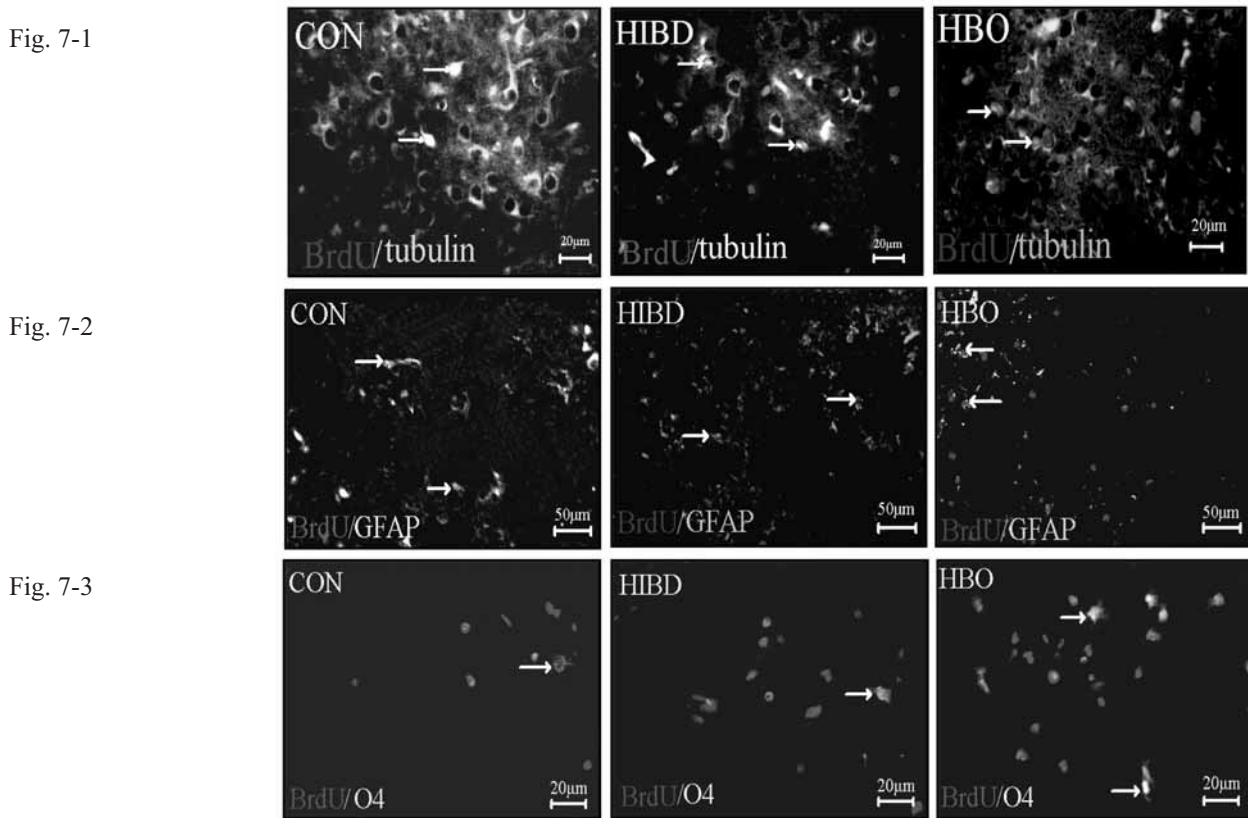


Fig. 6-5

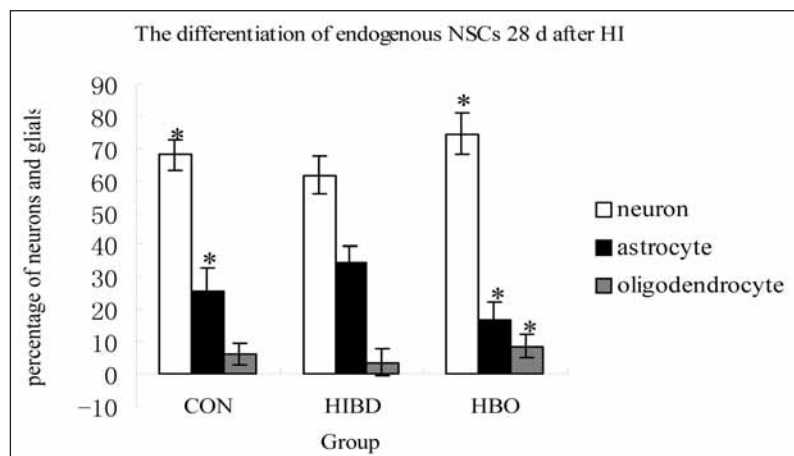


**Fig.6** Migration and Differentiation of Endogenous Neural stem cells after HBO Therapy. **Fig.6-1, Fig.6-2.** Confocal image of BrdU/DCX double-labeled immunofluorescence 7 d after HI of a low and high magnification respectively. **Fig.6-3.** Confocal image of BrdU/DCX double-labeled immunofluorescence 14 d after HI. The migrating cells were doubly immunopositive for BrdU in the nucleus and DCX in the cytoplasm (arrow), more BrdU+ DCX+ cells were observed in the HBO group. The scale bar was labeled in each figure. **Fig.6-4.** Quantification of BrdU+ DCX+ cells in SVZ 7 d, 14 d after HI. Error bars show standard deviation; \*indicates P<0.05 vs. Group HIBD; #indicates P<0.01 vs. the HBO group at different time points. **Fig.6-5** Quantification of BrdU+ and BrdU+ DCX+ cells in cerebral cortex 14 d after HI. Error bars show standard deviation; # indicates P<0.01 vs. the HBO group. Abbreviations: DCX, doublecortin.

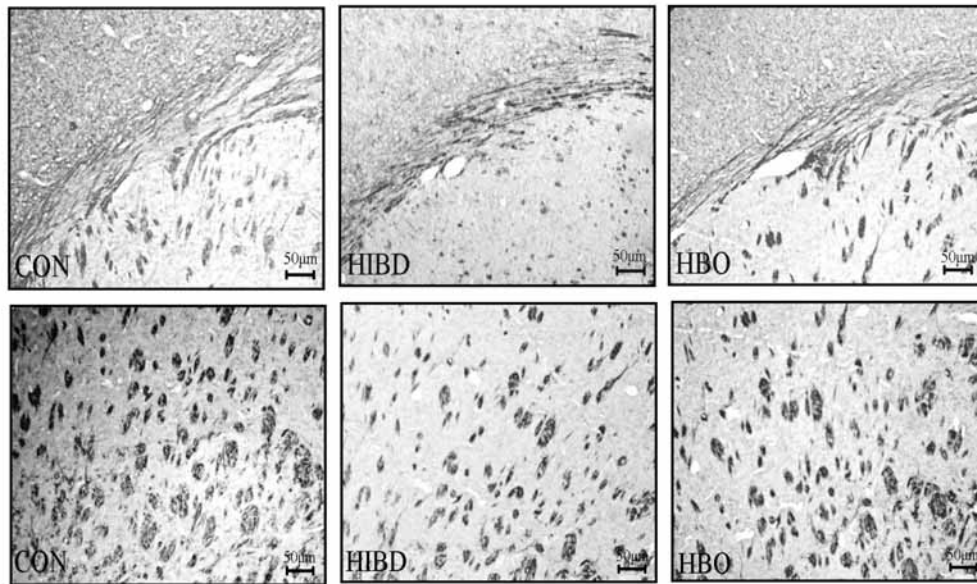


**Fig. 7.** Differentiation of endogenous neural stem cells after HBO treatment **Fig.7-1.** BrdU/β-tubulin double staining of cerebral cortex The BrdU+ cells were stained in the nuclear and the β-tubulin+ cells were stained in the cytoplasm. Arrows in the figures indicate BrdU+ β-tubulin+ cells (newborn mature neurons). The scale bar was labeled in each figure. **Fig.7-2.** BrdU/GFAP double staining of cerebral cortex The BrdU+ cells were stained in the nuclear and the GFAP+ cells were stained in the cytoplasm. Arrows in the figures indicate BrdU+ GFAP+ cells (newborn mature astrocytes). **Fig.7-3.** BrdU/O4 double staining of cerebral cortex The BrdU+ cells were stained in the nuclear and the O4+ cells were stained in the cytoplasm. Arrows in the figures indicate BrdU+ O4+ cells (newborn oligodendrocytes). The scale bar was labeled in each figure.

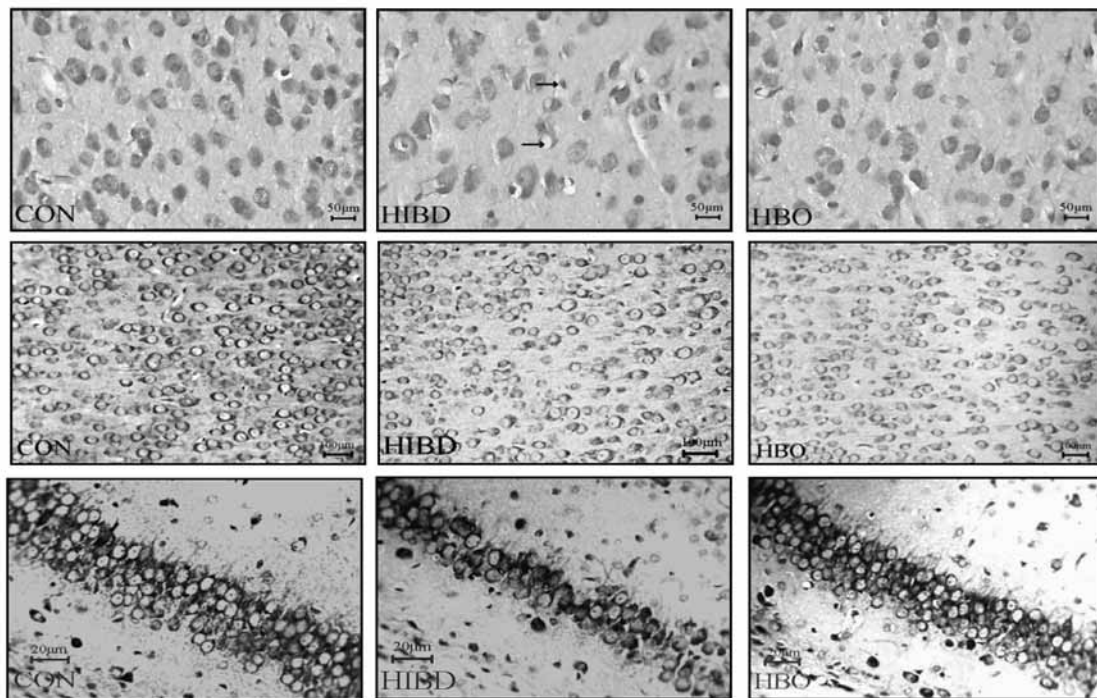
Abbreviations: GFAP, glial fibrillary acidic protein; O4, oligodendrocyte marker.



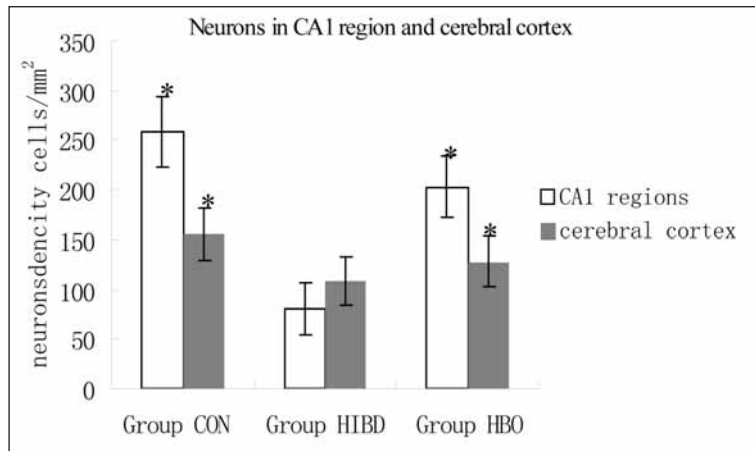
**Fig.8.** The differentiation of endogenous NSC 28 days after HI The bar chart showed the differentiation percentage of endogenous NSC to neurons, astrocytes and oligodendrocytes, that is the BrdU+ β-tubulin+, BrdU+ GFAP+, BrdU+ O4+ cells to BrdU+ cells. Error bars show standard deviation; \* indicates P<0.05 vs. the HIBD group.



**Fig. 9.** Effects of HBO therapy on MBP protein. The MBP protein was immunostained in the brain section of 35-d-old rats. MBP positive staining (brown color) was observed at the corpus callosum area (the first row) and striatum corpora area (the second row). HIBD suppressed the expression of MBP. Expression of MBP in the rat brain treated with HBO was less affected. The scale bar was labeled in each figure. Abbreviations: MBP, myelin basic protein.



**Fig.10.** Degeneration of Neurons after HI and recovery of neurons after HBO treatment. The top row is the hematoxylin-eosine(HE)staining of cerebral cortex, arrows in the figure indicated cells with vacuolar degeneration or pyknotic nucleus; the middle row is nissl staining of cerebral cortex (including cells almost all layers); the bottom row is the nissl staining of hippocampal CA1 region, the tigroid body was stained dark, and the nucleole can be seen. The scale bar was labeled in each figure.



**Fig.11.** Quantification of the Loss and Recovery of Neurons in cerebral cortex. Changes in neuron numbers in cerebral cortex and CA1 pyramidal layers in CON, HIBD and HBO-treated animals (mean  $\pm$  standard deviation obtained from 10 animals) 28 d after HI. Error bars show standard deviation; \* indicates  $P < 0.01$  vs. Group HIBD.

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