

# Michigan Sports Concussion Law

A concussion is a brain injury, caused by a blow, bump or jolt to the head that can have serious consequences. It can occur in any sport or recreational activity.

Michigan was the 39th U.S. state to enact a law that regulates sports concussions and return to athletic activity. The law goes into full effect on June 30th, 2013.

The sports concussion legislation requires all coaches, employees, volunteers, and other adults involved with a youth athletic activity to complete a concussion awareness on-line training program.

The organizing entity must provide educational materials on the signs/symptoms and consequences of concussions to each youth athlete and their parents/guardians and obtain a signed statement acknowledging receipt of the information for the organizing entity to keep on record.

The law also requires immediate removal of an athlete from physical participation in an athletic activity who is suspected of sustaining a concussion. The student athlete must then receive written clearance from an appropriate health professional before he or she can return to physical activity.

## Documents and Links

[Public Acts 342 & 343 of 2012 Michigans Sports Concussion Awareness Laws](#)

[Compliance Checklist](#)

[Parent / Athlete Acknowledgement Forms in English and Spanish](#)

[Medical Clearance to Return to Play Form](#) 

[Sports Concussion Website Promotional Flyer](#) 

[Zack's Law - "YouTube" Video "Zack's Law," the First Sports Concussion Law - State of Washington](#)

[Centers For Disease Control & Prevention \(CDC\) Sports Concussion Home Page](#)