

Tiger Woods getting private hyperbaric oxygen chamber

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By Chris Johnson

Tiger Woods is having a hyperbaric oxygen chamber installed at his home. Michael Jackson and other athletes have used the chamber in the past to speed their recoveries from injuries. Tiger also plans to install four new pools: a lap pool, a dive pool, a reflection pool and a kiddie pool.

I find it somewhat humorous that Tiger Woods is having a hyperbaric oxygen chamber installed at his home. I say that only because of all the rumors that circulated around Michael Jackson when he had one installed in his house in the late 1980's. This is just another reason for the tabloid media to hound Tiger and to make up salacious lies. Outside of that though, hyperbaric oxygen chambers are considered a legitimate medical treatment and are said to speed healing in certain cases. How hyperbaric oxygen chambers work is quite simple actually, a patient lies inside a pressurized chamber where they breathe 100 percent pure oxygen. In theory this treatment "improves the effects of certain antibiotics, activates white blood cells to fight infection, and promotes the healing process of chronic wounds." (source: [Lowell General Hospital](#))

If the injury that forced Tiger Woods to withdraw from the The Players Championship earlier this month was truly physical and not one of pride then this treatment could go a long way towards speeding his recovery and allowing him to compete at the high level he did before the this whole mess with mistresses and car accidents surfaced.

The bigger problem for Tiger as I see it is not any physical injury but one of concentration and focus. That statement alone is monumental. Tiger Woods has always been a player whose focus and concentration were beyond reproach. But, if you looked at how Tiger played during The Players Championship, it was apparent that the troubles with his swing were less to do with an injury and more to do with what has to be a very distracted mind.

During the Masters Tiger Woods was insulated from the media and the so called "regular" folks due to the tight restrictions put in place during that tournament. However, during The Players Championship Tiger had to endure much more abuse than he has ever had to in his career. While it was pretty tame stuff compared to what other athletes have to endure it was still a new experience for Tiger and one that clearly effected his game.

Only time will tell if Tiger Woods can regain his once herculean form and dominate the tour once again. The only way that will ever happen though is if Tiger can get past everything that has happened and just play golf, and an hyperbaric oxygen chamber will not help him do that.

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